

Governors State University

Student Affairs and Enrollment Management: Reaching Vision 2020

Focus Area: **Student Wellbeing**

Leader(s): Kelly McCarthy

Implementation Year: 2015 - 2016

Goal 1: Develop students, those enrolled on campus and online, holistically by designing, implementing and assessing services and programs that encourage sustainable self-advocacy, independence, wellness, knowledge and life balance.

Objective 1:	Provide an assessment that demonstrates symptom reduction for those students that use counseling services.
Action Items	Students that use counseling services will assess themselves on a scale from 1 (low) to 8 (high) on stressors which distract them from the pursuit of their personal, educational and career goals at the beginning and end of counseling or at the end of the semester.
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Results from the assessment from each student that used counseling services.
Responsible Person and/or Unit (Data collection, analysis reporting)	Emily Petkus, Clinical Mental Health Counselor Katherine Helm-Lewis, Clinical Psychologist/Training Supervisor Counseling interns.
Milestones (Identify Timelines)	Beginning and end of counseling or at the end of the semester
Desired Outcomes and Achievements (Identify results expected)	65% of students surveyed will report a reduction of symptoms and the use of positive coping strategies.

Objective 2:	Collaborate with the Veterans Coordinator to notify GSU's enrolled veterans of the available ASSD services online and in the classroom.
Action Items	<ul style="list-style-type: none"> • Director will be available in the Veterans Resource Center twice a semester to answer questions regarding ASSD services • Have ASSD information sheet in the Veterans Resource Center informing students of detailed ASSD services • Add direct Disability Services web link on Veterans Resource Center page
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Track number of enrolled Veterans that inquire about ASSD services
Responsible Person and/or Unit (Data collection, analysis reporting)	Robin Sweeney, Director of Student Disability Services Kevin Smith, Coordinator of Veterans and Military Personnel
Milestones (Identify Timelines)	During the Fall and Spring semesters
Desired Outcomes and Achievements (Identify results expected)	Increase number of enrolled Veterans that contact the Director of Disability Services for ASSD information during the fall and spring semesters.

Objective 3:	Create and implement a workshop on self-advocacy skills for incoming freshmen.
Action Items	<ul style="list-style-type: none"> • Conduct Self-Advocacy workshop at each summer Freshmen Orientation Program • Assess effectiveness of workshop • Conduct individual sessions with each registered ASSD freshmen
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of participants at each freshmen orientation program; Number of assessments collected Number of registered ASSD freshmen that meet with Director
Responsible Person and/or Unit (Data collection, analysis reporting)	Robin Sweeney, Director of Student Disability Services
Milestones (Identify Timelines)	Every registered ASSD freshmen student will have met individually with the Director by the end of October, 2015
Desired Outcomes and Achievements (Identify results expected)	ASSD freshmen develop a self-advocacy skill plan and demonstrate this skill at least 4 ways in the meeting with the Director

Objective 4:	Create and implement monthly sexual violence prevention programming for the entire campus community and trainings for Resident Assistants, student orientation leaders and students in leadership positions on campus.
Action Items	<ul style="list-style-type: none"> • Schedule YWCA trainings per 2015-2016 schedule • Schedule monthly sexual violence prevention programming • Assess programming
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of attendees at each YWCA training Number of attendees at each prevention programming event Results of YWCA evaluations
Responsible Person and/or Unit (Data collection, analysis reporting)	Kelly McCarthy, Assistant Vice President for Student Affairs and Director of the Counseling Center; and YWCA Chicagoland, Advocating for Sexual Prevention (ASAP) team and counseling interns
Milestones (Identify Timelines)	Monthly throughout the fall 2015 and spring 2016 semesters
Desired Outcomes and Achievements (Identify results expected)	Identify internal and external campus resources (YWCA partner) for victims of sexual violence; Advocate for gender equity and healthy sexual behavior